

**ITF/TE TECHNICAL WORKSHOP FOR PLAYERS 13 & U**  
**CHISINAU, MOLDOVA 29 NOVEMBER – 03 DECEMBER 2017**

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| <b>Key coaching skills to be covered:</b>  |
| 1. TBC   |
| <b>Key game indicators to be covered:</b>  |
| 1. TBC   |
| <b>Key players competencies to be covered:</b>   |
| 13U Players<br>Using possibilities to keep offensive court positioning after high defensive balls, played by opponent (by hitting on the rise, drive volleys and smash after bounce from the base line)<br><br>Green Court players:<br>1. Player is using 2nd shot for opening the court after bringing the opponent outside of court with successful serve or return. |

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| <b>To be reminded:</b>   |
| 1. Coach correctly link the tactical implication with the explanation of the key elements of the stroke in particular game situation;<br>2. The practice situation is fully linked to the intended development/shaping of the movement;<br>3. Create situation relevant for decision to be made. |

### WORKSHOP PROGRAM

|                  | 29.11.   | 30.11.  | 01.11.  | 02.11.  | 03.11.  |
|------------------|--|---|---|---|---|
| <b>Morning</b>   |  | <p><b><u>10.30 – 11.00</u></b><br/>Explaining the program and short presentation to the coaches</p> <p><b><u>11.00 – 13.00</u></b><br/><u>Tennis practice:</u><br/>10U – green court players</p> <p><b><u>13.00 – 15.00</u></b><br/><u>Tennis practice:</u><br/>13U players</p> | <p><b><u>10.30 – 11.00</u></b><br/>Explaining the program and short presentation to the coaches</p> <p><b><u>11.00 – 13.00</u></b><br/><u>Tennis practice:</u><br/>13U players</p> <p><b><u>13.00 – 15.00</u></b><br/><u>Tennis practice:</u><br/>10U players</p> | <p><b><u>08.30 – 09.00</u></b><br/>Explaining the program and short presentation to the coaches</p> <p><b><u>09.00 – 11.00</u></b><br/><u>Tennis practice:</u><br/>10U – green court players</p> <p><b><u>11.00 – 13.00</u></b><br/><u>Tennis practice:</u><br/>13U players</p> | <p><b><u>08.30 – 09.00</u></b><br/>Explaining the program and short presentation to the coaches</p> <p><b><u>09.00 – 11.00</u></b><br/><u>Tennis practice:</u><br/>13U players</p> <p><b><u>11.00 – 13.00</u></b><br/><u>Tennis practice:</u><br/>10U players</p> |
| <b>Afternoon</b> | <p><b><u>17.00 – 18.00</u></b><br/>G Shevchenko presentation<br/>“Reminding of the last TW topics”<br/>“Presentation for tennis coaches”</p> | <p><b><u>15.00 – 15.30</u></b><br/>Summary of practice explaining the program and giving the tasks for the next day</p>   | <p><b><u>15.00 – 15.30</u></b><br/>Summary of practice explaining the program and giving the tasks for the next day</p>   | <p><b><u>13.00 – 13.30</u></b><br/>Summary of practice explaining the program and giving the tasks for the next day</p>   | <p><b><u>13.00 – 13.30</u></b><br/>Summary of the Training Camp</p>   |